

# VILLAGE VOICE

[jackie.gent@outlook.com/07746017103](mailto:jackie.gent@outlook.com)

[joan.topsat@gmail.com/01388763350](mailto:joan.topsat@gmail.com)

[kath.parkin@yahoo.co.uk/01388766844](mailto:kath.parkin@yahoo.co.uk)

[wearmouth@talktalk.net/01388764128](mailto:wearmouth@talktalk.net)

[sophiecockburn@icloud.com/01388765122](mailto:sophiecockburn@icloud.com)

[davekidd99@yahoo.co.uk/07825528988](mailto:davekidd99@yahoo.co.uk)

## Message from PCSO Kirsty Smith

We would like to thank the people of our local communities for their support in complying with the Government guidance over the past three weeks. For the most part, people have acted in the best interests of our communities and have taken the current situation very seriously. For this, we are extremely grateful.

Crook police have a number of support group contacts and would like to remind everyone that if you are or know someone who is vulnerable and needs this support we can assist.

We appreciate it has not been easy so far but if we stick together we will get through this. We want to reiterate our thanks and remind everyone of the importance of supporting each other. Our message is clear – please stay at home, protect the NHS, and save lives.

Kirsty Smith  
PCSO 8500  
Crook Neighbourhood team

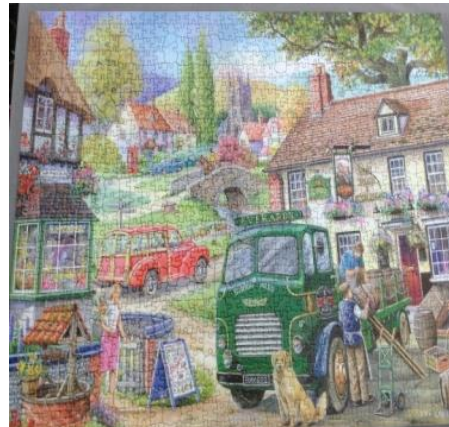
---

As we are all confined to barracks! due to the Corona virus, I have found that an excellent way of keeping ones mind alert, apart from a little gardening and daily walk for some exercise, is to make up jigsaws. It usually takes 3 to 5 days to complete a new one. I am now on with my 7<sup>th</sup>. This has become an addictive pastime and a very good hobby for me. When I have completed a jigsaw, I usually phone a friend and ask if they require one or have any to make up. When I go for my daily walk I knock on their door, leave it on the door step and continue on my walk, call on the return journey and usually there is a different jigsaw or library book to collect from their door step.

In addition, my wife is knitting and reading books and we are keeping in touch daily by phone with family, neighbours and friends so that we are not in complete isolation. Every other day one of my sons will deliver groceries for our day to day use.

The reading of books and doing jigsaw have been very useful activities as we had no television for over two weeks but this has thankfully been repaired.

## Les & Doreen Dunn



**Durham County Council number for those living alone needing help  
03000 260 260 [www.durham.gov.uk/coronavirus](http://www.durham.gov.uk/coronavirus)**

Borrow e books and e Audio books online or with our library app

Online – From your library website log into BorrowBox with your library ID/BARCODE  
And PASSWORD PIN.

APP Download the BORROWBOX app, Select you and enter your library ID/BARCODE and  
PASSWORD

Search and discover our great collection 24/7 by title, author or category read or listen to  
excerpts or more. Confirm your choice or reserve a title for later.

Download complete eBook or eAudio book instantly. When reserved titles are ready we  
will email you. ENJOY

To access e-books you can use the following web site

<http://www.durham.gov.uk/ebooks>

-----  
Recipe

**SODA BREAD** (no yeast required)

**Ingredients**

Preheat oven to 200C/400F or Gas mark 6

4oz strong white flour (I used 8oz white bread flour)

4oz wholemeal flour

1teaspoon salt

1teaspoon bicarbonate of soda

1 teaspoon cream of tartar

5 fluid oz. of milk

**Method**

- 1.) Stir cream of tartar, Bicarbonate soda with milk. Pour into dry ingredients and mix well with a spatula then with fork or hands to make into a dough. Remove from bowl onto floured surface and form into a ball.
- 2.) Knead for 2minutes and flatten slightly. Place onto a greased baking tray and make a deep cross with a knife through the top of dough, cut to about 1/2 in from base. Dust with a little flour and bake for 25 –30 mins.



-----  
Hope you are all keeping your spirits up, things seem to be going well with most residents at the moment,  
and I'm sure we are all trying to keep busy,

Gavin and I have been in the garden taking advantage of the good weather. We have painted the fence  
and the garden furniture also planted potatoes, green beans and started off some seed.

I am normally so busy, this has been a very different routine, I have been baking all sorts of goodies for a  
couple of my neighbours, so still filling my day, also working with the A A P hoping when things are back to  
normal, outstanding projects can be actioned.

May I say thank you to the volunteers who are pulling the news letter together and distributing it to as many  
residents as possible,  
please look after yourselves and your family.

contact me if you have any problems on 07387253808

**Stay safe Patricia Jopling.**